



ONONDAGA COUNTY PUBLIC LIBRARY

The Galleries of Syracuse
447 South Salina Street
Syracuse, NY 13202-2494

Phone 315-435-1900
TDD 315-435-1872
Fax 315-435-8533

www.onlib.org

Susan Mitchell, Executive Director

April 2016 Events

Beauchamp Branch Library
2111 South Salina St.
Syracuse, NY 13205
435-3395



FOR CHILDREN & TEENS:

Wii & Game Fun

Fridays, April 1, 8, 15, 22 and 29

3:00 pm

Test your skills on the Nintendo Wii and enjoy an assortment of games. While you're waiting to play the Wii, enjoy a range of different board games. Ages 5 and up.

Life Size Board Games

Saturday, April 2

2:00 pm

Play life size versions of Jenga, Connect Four and more! Fun for the whole family.

Play & Learn Storytime

Wednesdays, April 6, 13, 20 and 27

9:30 am

Kids 0-5 years can come and play with our educational toys and sensory materials as well as make new friends, not to mention enjoy some books!

4/6 - Theme: *Bears, Oh My!*

4/13 - Theme: *Hair*

4/20 - Theme: *Earth Day*

4/27 - Theme: *Fruit*

Craft Club

Thursdays, April 7, 14, 21 and 28

5:15 pm

Stop by the library to use your imagination and discover new crafting techniques to make fun and unique items with a variety of materials. Ages 5 and up.

Family Movie

Saturday, April 23

2:00 pm

Enjoy the newly released film *Open Season- Scared Silly* and free popcorn while you watch. All ages.

Minecraft Coding with Kano

Monday, April 25

2:00 pm

Learn the secrets of how Minecraft is made and build a world by coding on Kano, the computer made with Raspberry PI. Ages 8 and up.

Make Your Own Life-Size Minecraft Tools

Tuesday, April 26

2:00 pm

Use a variety of craft materials to create your Minecraft tools to bring home. Ages 5 and up.

Minecraft Toys from Perler Beads

Wednesday, April 27

2:00 pm

Create Minecraft characters and tools out of Perler Beads. Ages 5 and up.

Cooking Up Literacy!

Thursday, April 28

2:00 pm

The AWE National Award Winning program Cooking-Up Literacy is back with a special Minecraft themed cooking class! Ages 5-13.

Registration is required.

Play Minecraft with Your Friends

Friday, April 29

2:00 pm

Play a variety of Minecraft themed games including cards and Xbox! Ages 5 and up.

**Beauchamp
Branch Library
(con't-
CHILDREN)**



Life Size Minecraft Pixel Art

Saturday, April 30

2:00 pm

Use squares of paper to create a life sized Minecraft creation. Ages 5 and up.

FOR ADULTS:

Free Tax Help @ Beauchamp Library

Wednesday mornings & Thursday evenings

Free income tax assistance by appointment only. Please call 435-3395 to learn how to schedule your appointment.

One-on-One Computer Training

Set up a one-on-one appointment at Beauchamp Library to learn the basics of using a computer, including the Internet & Microsoft Word. Please call the library at 315-435-3395.

HSE Classes @ Beauchamp Library

Monday-Thursday, 9:15am - 12:15 pm

No classes 4/25- 4/30

Free study sessions designed to help those who are interested in obtaining their GED.

Must Sign-Up. Contact Pat Booker

315-435-6000 ext 5574

AARP Driver Safety Course

Tuesday, April 26 AND

Wednesday, April 27

10:00 am – 1:00 pm

MUST ATTEND BOTH SESSIONS

Get an insurance discount or lower the points on your license! Program is open to all New York State Licensed Drivers. The cost is \$25 for non- AARP members or \$20 for AARP members. Please bring a check or money order payable to AARP (no cash).Space is limited. Please call Beauchamp Library to sign-up.

Poetry in the Bus Project

Saturday, April 9

2:00 pm

Join poet Martin Willitts Jr. for an engaging workshop on ending writer's block for poets of all ages and abilities at Beauchamp Branch. During the workshop, you'll write a poem based on the theme of 'Tolerance' and enter your work into a special contest to win the chance to have your poem displayed inside the Centro buses!

Sankofa Piecemakers Quilting Group

Saturdays, April 2, 9, 16, 23, 30

1:00 am

Beauchamp Branch Library is the home of Sankofa Piecemakers where they meet every Saturday in a friendly supportive atmosphere to learn new quilting techniques and to practice traditional ones.

Betts Branch Library
4862 South Salina St.
Syracuse, NY 13205
435-1940



APRIL ART EXHIBIT:

Syracuse Academy of Science

Students from Syracuse Academy of Science will display their artwork during April.

FOR CHILDREN:

Special Storytime – Meet Local Author

Thursday, April 7

10:30 am

Join us for a pre-k storytime by local author, Mylisa Larsen. Ms. Larsen is the author of *How to Put Your Parents to Bed*. Come ready to listen to stories, play games, and do a craft.

Enjoy a Nature Craft

Tuesday, April 26

10:30 am

Kids, Lets go for a short nature walk (weather permitting). We'll return to the library and make a craft bird's nest. For Children Ages 6-12. Children under 8 should be accompanied by an adult.

Play Games and Test Your Skills (and Luck)

Saturday, April 30

2:00 pm

Enjoy a games afternoon with board games in the children's area.

FOR TEENS & TWEENS:

Giant Jenga for Teens

Thursday, April 28

3:00 pm

Go big or go home. Challenge your friends to Giant Jenga and prove you can tower above the rest.

FOR EVERYONE:

Betts Book Sale

Everyday all day

Books 10 for \$1.00

DVD's and CD's \$1.00

Yoga for Everyone

Mondays, April 4, 11, 18 and 25

6:00 pm.

Free one hour class of gentle yoga with Mr. Jay.

Hooks & Needles

Saturdays, April 2, 9, 16, 23 and 30

9:30 am

A time to chat, knit, crochet and share ideas in a casual and friendly environment.

Knitting for Beginners with Maggie

Wednesdays, April 6, 13, 20 and 27

6:00 pm

Learn the basics of knitting. Yarn will be provided. Bring your own size 10 knitting needles. Register at the circulation desk or call 435-1940.

Meditation for Beginners

Saturday, April 16

1:00 pm

The 45 minutes meditation workshop will include instruction in simple meditation techniques, including breath, posture, and basic principles of awareness. Please register in advance.

**Betts Branch
Library
(con't-
EVERYONE)**



Poetry in the Bus Project

Saturday, April 23

2:00 pm

Join poet Martin Willitts Jr. for an engaging workshop on ending writer's block for poets of all ages and abilities. During the workshop, you'll write a poem based on the theme of 'Tolerance' and enter your work into a special contest to win the chance to have your poem displayed inside the Centro buses!

Movie at Betts – "The Peanuts Movie"

Wednesday, April 27

2:00 pm

Movie at Betts – "The Good Dinosaur"

Friday, April 29

2:00 pm

FOR ADULTS:

Tax Help

Make a Tax Appointment today!

AARP Tax Preparers are available on Tuesdays and Wednesdays from February 2nd to April 15th -- by appointment only -- to help you prepare your tax return for free. Clients must bring last year's tax return, a valid picture ID, all W-2 and 1099 forms. Call 435-1940 to schedule an appointment.

Nia White Belt Movement Class

Saturday, April 2

1:00 pm

The Art of Sensation is rooted in Nia's philosophy "through movement we find health." Sensation guides you to create health and vitality by moving your body in ways that feel good. Nia White Belt teaches you to develop body literacy - the ability to listen to your body, making choices that lead to health and total body well-being. Join us for an introduction to Nia White Belt.

Blind Date with a Book

Wednesday, April 6

6:00 pm

Enjoy the mystery of a blind date – without the misery. "Blind Date with a Book," doesn't allow readers to judge a book by its cover, but instead offers a chance to discover something new via this literary guessing game. Books are wrapped, giving readers just a couple of simple clues as to their content...

Betts Book Discussion

Tuesday, April 19

10:00 am

Syracuse, the City that Salt Built, by Lillian Steele Munson. Ask for a copy of the book at the Circulation Desk.

Syracuse, the City that Salt built traces the history of Syracuse, New York from the traditions of the Onondaga Indians (one of the five nations of the Iroquois Confederacy), who first inhabited the land to Ephraim Webster, the first white man to settle in the land of the Onondagas; Father Le Moyne, the Jesuit Priest who became a missionary to the Onondagas, and Sir William Johnson, who was the first person to realize the potentialities of an inland source of salt.

Robert P. Kinchen
Central Library
The Galleries of Syracuse
447 South Salina St.
435-1900



FOR CHILDREN:

April Craft: Rainy Duck

During Library Hours

Spring is here and so are April showers!
Come to Children's World to make a cute
rainy duck to brighten up your day.

FOR CHILDREN AGES 8-17:

Minecraft at Central Library

During Library Hours

Play Minecraft and create, build and explore
with Steve! Must have a library card to play
and must be ages 8-17, computers are limited.

FOR ADULTS:

English Language Conversation Class

Thursdays, April 7, 14, 21 and 28

1:15-3:00 pm

Practice informal conversational skills,
grammar and vocabulary with other English
language learners.

To register, call (315) 435-1835.

Page Turners!

Tuesday,

April 12

5:30-6:30 pm

Central Library's book club for adults is led
by Linda Kandel. We will be discussing
Everything I Never Told You by Celeste Ng.
A teenage girl goes missing and is later found
to have drowned in a nearby lake, and
suddenly a once tight-knit family unravels in
unexpected ways. New members are
welcome!

Hazard Branch Library
1620 W. Genesee St.
Syracuse, NY 13204
435-5326



ART EXHIBIT:

Porter School Fine Arts Showcase
April 21-30

New artwork by students from Porter Elementary School.

Reception: Thursday, April 21, 6:00 pm

FOR CHILDREN:

Stories and More

Thursdays, April 7 and 14
4:30-6:30 pm

We're celebrating National Poetry Month and National Library Week with some great stories and fun activities. For ages 5-12.

April 7 – Make a Poet-Tree! Add some of your favorite poems to our tree, or make up your own.

April 14 – Enjoy a library scavenger hunt! Explore the nooks and crannies of our library and win some excellent prizes.

Every Day Is Earth Day

Saturday, April 23, 2:30 p.m.

We're celebrating Earth Day (April 22) weekend by making up-cycled crafts out of t-shirts. Turn your old shirts into something new like tote bags, bracelets, necklaces, flowers, or make a fun toy for your dog. If you don't have an old t-shirt the library will supply one for you. For ages 6 – 12.

Toddler Storytime

Mondays, April 4, 11, 18 and 25

10:30 am

Toddlers and caregivers alike can enjoy this sensory storytime with Ms. Shauna exploring books through singing, dancing, playing, and just a touch of silliness! For ages birth – 4 years and their parents and caregivers.

Paws and Books

Saturdays, April 9 and 23

10:30 – 11:30 am

Read a story to Cooper, a trained, lovable dog certified as a Canine Good Citizen. For ages 6 - 12.

Porter School Fine Arts Showcase

Thursday, April 21

6:00 pm

Join us for a reception showcasing new art work by students from Porter Elementary School. Light refreshments will be served.

SPRING BREAK WEEK
EVENTS

For ages 5 – 12.

Dan the Snake Man

Monday, April 25

2:30-4:30 pm

Dan will bring live snakes and other reptiles to the library. See them up close!

Balloon-powered Lego Race Cars

Tuesday, April 26

2:30-4:30 pm

Join us to make some balloon-powered Lego cars that we'll race and watch zoom across the floor.

Jeff the Magic Man

Wednesday, April 27

2:30-4:30 pm

Jeff will perform dazzling magic tricks, and then he will teach you how to perform magic tricks of your own.

**Hazard Branch
Library
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CHILDREN)**



Lava Lamps

Thursday, April 28

2:30-4:30 pm

Learn how to make your very own lava lamp with just a few simple ingredients.

K'NEX®

Friday, April 29

2:30-4:30 pm

Do you like riding roller coasters? How about *building* them? Join us to experience all the fun of a roller coaster as we build our very own mini-coaster out of K'NEX®.

FOR TEENS & ADULTS:

The Prepared Pet Owner: The Basics

Saturday, April 30

1:00 pm

In this free, two hour presentation by The Healthy Pet Project you will learn pet basics, how to assess your pet's health, avoid common hazards, maximize your pet's potential for good health, and prepare for an emergency. Participants receive a Pet First Aid Kit. Please register in advance by calling 435-5326. For ages 16 and older.

Computers for Beginners

Wednesdays, April 6, 13, 20 and 27

10:00 am

One-on-one instruction on Internet searching, word processing, e-mail and more is available by appointment. Please call 435-5326.

Book A Librarian

Help with ebooks, laptops, Word, Excel, iPads™, iPods™, MP3 players and more. For an appointment call 435-5326.

High School Equivalency Classes

Hazard Library and The Newland Center have partnered to provide High School Equivalency (HSE) instruction at the library. Call Linda at 471-1446 and ask to schedule a time for tutoring at Hazard Branch.

FOR ADULTS:

Savvy Speakers Toastmasters

Fridays, April 1, 15 and 29

10:00 – 11:30 am

Do you feel anxious about speaking in public? Toastmasters can help you polish your skills and gain confidence.

Blind Date with a Book

Thursday, April 21

6:00 pm

Enjoy the mystery of a blind date – without the nervous anticipation. Like “The Dating Game” TV show of old, you will be linked up with a book that is compatible with your favorite storyline, writing style, characters, or setting. Gentle or fast paced, steamy or heartwarming, your one true book is waiting for you. Each book will be gift wrapped to preserve the surprise!

FOR EVERYONE:

Needle Work Creators

Saturdays, April 2, 9, 16, 23 and 30

2:00-4:00 pm

Join Hazard’s needle work creators for knitting, crocheting and needlepoint. Beginners and advanced needle workers are welcome. Bring your own supplies and share needle work knowledge with your peers

Mundy Branch Library
1204 S. Geddes St.
Syracuse, NY 13204
435-3797



FOR ALL AGES:

Edible Book Festival

Saturday, April 16

9:00 am – 1:00 pm

In honor of National Library Week, Mundy Branch will be partnering with Shonnard Street Outlook to present an Edible Book Festival! Individuals and organizations of all types are encouraged to submit an entry to be judged. *(The deadline for registration is Friday, April 9th at 6:00 pm)* Edible books can look like a book in form and shape, be inspired by a book or author, can be a pun of a book title, can refer to a book character, reproduce a book cover or just have something to do with books in general. **Final products must be 100% edible and in some way related to a book.** If you don't want to submit an entry, please join us at the festival itself, where music, crafts and light refreshments will be provided. Hope to see you there!

OCCRA Earth Day Clean-Up

Saturday, April 23

9:00 am – 1:00 pm

Help care for the earth around your favorite library branch. We'll have all the supplies you need to pick up trash and debris, and refreshments will be served after the job is done.

FOR CHILDREN:

Little Muses – Time to Dance, Read, Play and Giggle!

Tuesdays, April 5, 12, 19 and 26

10:00 am

Children and their caregivers are invited to a very special type of storytime. Using cutting-edge research in early literacy, children will practice the skills they need for school success. We will sing, dance, read, write, and most of all, have FUN! Babies, toddlers, pre-k are all welcome. For ages 0-5.

Saturday Storytime – Early Learning for the Busy Family

Saturdays, April 2, 9, 16, 23, and 30

10:30 am

Don't let your weekend fly by without a couple of fun stories! Join us Saturday mornings for some singing, dancing and reading! For ages 0-5.

Tails to Tell

Wednesdays, April 6, 20 and 27

3:30 pm

with Chloe or Brutus

Saturday, April 2

11:00 am

with Jet

Read a story to one of our lovable, trained canine friends. For ages 5-12.

Edible Experiments – Fool Your Tongue!

Wednesday, April 20

4:00 pm

Our sense of smell is so tied up with our sense of taste that 70-75% of what we taste actually comes from our sense of smell! Have you ever had a cold, and food just tasted bland or boring? It's because you couldn't smell it as well as taste it as it went into your mouth. In this experiment we are going to show how strongly our sense of smell controls what we taste. For ages 5-12.

**Mundy Branch
Library
(con't-CHILDREN)**



After-School Maker Club
Tuesdays, April 12 and 26

3:00 pm

We will be making pretty spring flowers from paper clips, beads, and our imaginations, and also creating lovely water lilies to brighten up a rainy month. For ages 5-12.

Read*Make*Play – Edible Book Festival Entry!

Wednesday, April 13, 3:00 p.m.

Join us as we make the official Mundy Branch entry for our 1st Annual Edible Book Festival! For ages 5-12.

Near Westside Talent Show Auditions
Wednesday, April 27

4:00-6:00 pm

Mundy Library is sponsoring a talent show together with our Westside neighbors La Liga: The Spanish Action League, and the Near Westside Peacemaking Project. Children and teens are invited to audition solo or in a group. All kinds of talents welcome: singing, dancing, hula- hooping, poetry, basketball tricks, etc. For ages 5-20.

Picture Book Review Club
Saturday, April 30

2:30 pm

Read books and then rate them in several categories. Only the club's favorites will get a "Mundy Kids Approved" sticker. For ages 9-12

FOR TEENS:

Teen Tech Thursdays

Thursdays, April 7, 14, and 21

3:30 pm

Use the Mundy Media Lab to create and share a video. Will you review a book or movie? Develop a one-of-a-kind music video? These ideas and more are available to you when you join us for Teen Tech Thursdays. For ages 10 and up.

Teen Resource Drop-In

Tuesday, Wednesdays and Fridays

2:30 pm

College applications, having trouble with schoolwork, or looking for a job? Drop in during weekday afternoons, and Miss Maggie will be available to help with the search, show you where to find answers, and more! For ages 12 and up.

Yu-Gi-Oh!

Saturdays, April 2, 9, 16, 23 and 30

10:30 am

Yu-Gi-Oh!™ Trading Card Game players are invited to join this informal group of game enthusiasts. New players are welcome. For all ages.

FOR ADULTS:

Contemporary Issues Book Club

Wednesday, April 6

6:00 pm

Join us for a discussion of Ta-Nehisi Coates' National Book Award winner, *Between the World and Me*. Written in the form of a letter to his son, a black teenage boy, the author describes a world that refuses to guarantee for him the freedoms that so many others take for granted. Refreshments provided.

Mundy Branch Library
(con't-ADULTS)



Resume Builder

Mondays, April 4 and 18

10:30 am

Let the library help you build a winning resume, using Microsoft Word and your creativity. Miss Maggie will teach you the basics of creating a resume and how to format it to show off your personal style. This is a 45-minute instructional program. Please register at the Welcome Desk.

Book-A-Librarian

Tuesday – Friday

10:30 am

Need help finding your next great job? Trying to figure out that new laptop or tablet? Schedule a one-on-one session with Miss Maggie for help with job searching, resume review and technology basics. Call 435-3797 to schedule your appointment.

TASC™ High School Equivalency Study Class

April - June

Mondays, Tuesdays, and Wednesdays, 9:30 am – 12:30 pm

New York State has retired the GED and implemented an alternative high school equivalency exam called [Test Assessing Secondary Completion™](#), or TASC™. Those interested in enrolling in Mundy's *free* study class should contact Case Manager / Bilingual Case Manager Javier Garcia, of the West Literacy Zone, at 435-6000 x2124. Walk-ins also welcome.

Paine Branch Library
113 Nichols Ave.
Syracuse, NY 13206
435-5442



APRIL ART EXHIBIT:

“Summer in Winter”

Art Exhibit by Ute Oestreicher

Ute Oestreicher brings her colorful art exhibit, “Summer in Winter,” to Paine. Her exhibit will feature floral images and warmer weather landscapes in various media.

Reception: Tuesday, April 5, 5:00-7:00 pm

FOR CHILDREN:

Read, Sing, Play Storytime

Wednesdays, April 6, 13, 20 and 27

10:00 am

Children’s storytimes at Paine are full of fun learning activities that engage your children in the 5 early literacy practices so necessary for school readiness. Children listen and interact with stories, sing songs, rhyme, play learning games and sometimes complete a craft or other activity. Best for ages 2-5.

Evening Storytime

Monday, April 1

6:00 pm

Guests to this pajama-friendly storytime will listen to books, participate in songs, fingerplays and rhymes, all while developing early literacy skills. Feel free to bring a blanket, pillow and/or stuffed animal and settle down for a restful time. Suitable for children age 2-5 with a parent or caregiver.

Cubelets: Beginning Robotics

Saturday, April 9

10:30 am -12:00 pm

Children create simple robots with pre-programmed robotic cubes and Lego building blocks. For children ages 6-12

littleBits Electronics Program

Saturday, April 23

10:30 am -12:00 pm

Children age 8 and older are invited to come to the library and learn a little bit about electronics by playing with these snap together “bits” that create circuits instantly. Children will follow step-by-step instructions to start building inventions. The littleBits system is modular so every bit works with every other bit in the system. **This program is open for ages 8 – 14.**

FOR TEENS:

Teen Advisory Board

Monday, April

6:00–7:00 pm

Students grade 7th through 12th are welcome to be a part of the TAB (Teen Advisory Board). This month we will be evaluating the book sale and discussing ideas of how to benefit the library. Yes, we will have snacks. Ideas and friends are welcome. Sign up with Deanna at dmcgregor@onlib.org

Kinect Sports Tournament

Monday, April 25

2:00- 3:00 pm

Spend some time on your day off from school with friends playing Kinect volleyball, bowling, soccer - come and play! We will split into teams of 2 or 4. Ages 10 and up.

Break Week Matinee: “Big Hero 6”

Friday, April 29

2:00-4:00 pm

Rated PG Synopsis: When a criminal plot threatens the hi-tech metropolis of San Fransokyo, brilliant young robotics whiz Hiro Hamada leaps into action with his tech-savvy friends, and his robot companion in Disney Animation's adaptation of the popular Marvel Comics series.

**Paine Branch Library
(con't-ADULTS)**



FOR ADULTS:

Blind Date with a Book

Tuesday, April 12

6:00 pm

Enjoy the mystery of a blind date – without the misery. "Blind Date with a Book," doesn't allow readers to judge a book by its cover, but instead offers a chance to discover something new via this literary guessing game. Books are wrapped giving readers just a couple of simple clues as to their content.

Bare Bones Trombone Quartet Concert

Saturday, April 30

2:00 pm

Come and join us when four musicians play music classics and TV show theme songs.

Petit Branch Library
105 Victoria Place
Syracuse, NY 13210
435-3636



APRIL ART EXHIBIT:

“Hawley-Green”

Photography Exhibit by Andrea Hall

As an artist and a photographer, Andrea Hall often sees the world through a different lens than other people. This photographic show is her attempt to increase the appreciation of this special neighborhood.

FOR ADULTS:

Lune Chocolat

Monday, April 4

6:00 pm

Delve into the world of gourmet chocolate. Mike Woloszyn of Lune Chocolat in Manlius will present a brief history of chocolate, followed by a tasting of free samples.

Registration required.

Poetry Bash!

Saturday, April 9

2:30 pm

It's the 5th Annual Petit Poetry Bash. Hosted by Mickey "The Flying Busman" Mahan, this is an open-mic poetry event that invites everyone to let it rip. Original poems. Plundered poems. Borrowed poems. Found poems. Confetti, silly string and noise makers provided. Delectable goodies and enthusiasm in abundance. Leave your inhibitions at the door! It ain't called a BASH for nuthin'.

Relationships to Food: Reading and Discussion Series

Saturday, April 16

10:00 am

The Relationships to Food Reading and Discussion Series centers on the ways we understand and interact with food in our lives. We will read texts over the course of the discussion series which will explore our relationships with food from the biological and social to the ethical and ecological. We will discuss ***Gulp: Adventures on the Alimentary Canal*** by Mary Roach.

Registration required.

It's Tulip Time in Holland

Saturday, April 16

2:30 pm

Seven million bulbs — more or less — bloom every spring at Keukenhof, in Lisse, South Holland. The garden is open from mid-March to mid-May and it's a photographer's dream. Carol Bradford visited in 2012, took plenty of pictures, and will talk about flower bulbs and how to grow them in Central New York.

Book Discussion Group

Thursday, April 21

6:30 pm

The Petit Branch Book Discussion Group will discuss ***H is for Hawk*** by Helen Macdonald. New members are always welcome and no registration required. For more information call 435-3636.

Awakenings of the Mind, Body and Spirit 2016 Series of Monthly Programs @ Petit

Please join us for an opportunity to experiment with different methods of self knowledge, awareness, and healing. Practitioners and experts from our community will present interactive programs on topics such as meditation, herbs, Qigong, Reiki, chanting, and more. Presenters include Marie Summerwood, Dolores Card, Debra Lee Gertz, and others.

Programs will take place on the fourth Monday of every month at 6:00 pm.

**Petit Branch Library
(con't-ADULTS)**



T'ai Chi Chih: Joy of Movement

Monday, April 25

6:00 pm

T'ai Chi Chi is rooted in Ancient Yin-Yang principles and in *T'ai Chi Ch'uan*, *Qi Gong* concepts. It is composed of 19 easy-to-learn movements and one pose. *T'ai Chi Chih* focuses on improvement of circulation & coordination, metabolism, cultivation of longevity, stress reduction, and mind & body energy. No special clothing or equipment is required, and no special physical abilities are required either—even those who need to sit can do it. Movements are done slowly and gently.

Neena is administrative assistant with the Total Wellness Center (Natural Health Care) in Camillus and holds dual certifications as Public Librarian and School Library Media Specialist. Neena discovered T'ai Chi Chih®; Joy of Movement—a great stress reducer—and became a certified instructor in 1997. She is also a certified instructor of Seijaku, an advanced form of T'ai Chi Chih. She has taught T'ai Chi Chih throughout the greater Syracuse area for over fifteen years.

White Branch Library
763 Butternut St.
Syracuse, NY 13208
435-3519



APRIL ART EXHIBIT:

Travel Photography of Burma (Myanmar)
by *Erich Stapelfeldt*

Photography from Erich Stapelfeldt's travels to Burma (Myanmar) will be displayed.

FOR CHILDREN:

Storytime

Tuesdays, April 5, 12, 19 and 26

10:00 am

These special storytimes are full of reading, singing, dancing, and all kinds of fun! Kids ages 1-5 can learn and laugh with a fun story each Tuesday morning. Each week, the stories and activities will have a special theme.

Families and daycare groups are welcome, too! Just contact Katie to set up a special story time session for nearly any date and time.

K'Nex Creations

Tuesday, April 26 and

Wednesday, April 27

2:00 pm

The K'NEX Materials set provides a chance to combine real-world applications with STEM concepts in the library! In other words, use your imagination and see what you can make. If you don't finish on Tuesday, come back Wednesday to work on your creation.

Bingo Day

Thursday, April 28

2:00 pm

Enjoy a friendly, fun time of playing Bingo. Plus, the winners will get prizes! For children ages 7 and up.

Button Maker Creations

Friday, April 29

2:00 pm

Make your very own buttons. Use your creativity by designing a button style. When you're done with your artwork, turn it into a button to keep. There will also be special themed activities we can do with our creations. Open to all children.

FOR ALL AGES:

Beginning Yoga

Saturdays, April 2, 9, 16, 23, and 30

10:00 am

Wednesday, April 20

4:00 pm

These beginner's yoga classes, hosted at the library, will teach the basics of yoga breathing, stretching, and meditation. People of all ages are welcome to join, though kids must be accompanied by an adult. No experience necessary to join. Please bring your own yoga mat or small blanket and remember to wear loose clothing. Classes meet Saturdays at 10:00 a.m. and the third Wednesday of each month at 4:00 p.m.

Tanzanian Reader's Theater

Monday, April 25

2:00 pm

Miss Robin Best is coming back to show video from her amazing trip to Tanzania. The children from the Tanzanian Children's Fund performed Reader's Theater for Robin during her trip. Stop in and watch what these amazing kids performance! Open to everyone!



Poetry Writing Workshop and Competition

Saturday, April 30

1:30 to 3:00 pm

Calling all poets and non-poets! In celebration of National Poetry Month, come join this free poetry writing workshop/competition.

Workshop, share, and discuss poems with internationally acclaimed poet Martin Willitts Jr. Winning poems from this city-wide contest will be displayed inside Centro buses.

Funded by a grant from the CNY Arts Council.

FOR ADULTS:

Growing and Aging: a Community Conversation, "Wisdom as a Lifelong Pursuit"

Thursdays, April 7, 14, 21, and 28

5:00 to 7:00 pm

A 6-week literary/conversation series for adults of all ages, genders, races, and ethnicities. Readings will include poems, short stories, essays and more. Group will meet Thursdays 5:00-7:00pm April 7 through May 12. A light vegetarian meal will be provided from 5:00-5:30pm. To join, drop by the White Branch Library or call 435-3519. Group will be limited to 25 participants.

Author Visit: Janice Flood Nichols, *Twin Voices: A Memoir of Polio*

Saturday, April 23

2:00 to 4:00 pm

Janice Flood Nichols, author of *Twin Voices, a Memoir of Polio* will speak at the library on her experiences, writing, and advocacy. When a severe polio epidemic struck DeWitt, NY in 1953, Janice Flood lost her twin brother, Frank Jr. 61 hours after he was admitted to City Hospital. Janice was admitted to the hospital on the evening of his burial, diagnosed with paralytic polio, but eventually recovered. *Twin Voices* tells the story of polio, the disease, and the story of one family's bout with the killer, in multiple "voices." Today, Janice remains dedicated to the goal of worldwide polio eradication.

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